

Dates for 2023: 16-24 September

u3a Week is an annual event to showcase the activity, learning and fun which takes place across the movement every day. It is a celebration of positive ageing, highlighting our members' lived experience.

In 2023, u3a week is 16 - 24 September. u3as can choose which day to celebrate.

If you would like to receive updates about preparations and celebrations for u3a week, you can sign up to our [national online newsletter](#).

Join our [u3a Week Facebook community](#) to share ideas and receive regular updates about events happening across the movement.



If you are not currently a u3a member, we'd love you to come along to your local u3a event and help us celebrate the new experiences and fun we are having in the third stage of our lives. [Find out more](#) about the benefits of joining a u3a near you.